**Lembar Identifikasi**

**Terapis :**

**Klien :**

**Tanggal :**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **ESQ MATRIX** | | **Kondisi Saat Ini** | **Sugesti** | **ESQ Hypnotherapeutic** |
| **SQ** | **Higher Purpose:**  **Tujuan kehidupan, kualitas hubungan dengan Tuhan** |  |  |  |
| **Kontribusi:**  **Kontribusi yang bisa Anda berikan lebih bagi keluarga, lingkungan kerja dan masyarakat** |  |  |  |
| **EQ** | **Pertumbuhan Diri:**  **Kebiasaan positif baru yang akan di mulai, kebiasaan negative yang akan di stop, keahlian atau pendidikan yang di perlukan** |  |  |  |
| **Relasi – Cinta:**  **Kualitas hubungan dengan keluarga, orang tua, rekan kerja, tim kerja, pimpinan dan lingkungan sosial** |  |  |  |
| **Eksistensi:**  **Eksistensi di hadapan keluarga, orang tua, rekan kerja, tim kerja, pimpinan dan lingkungan sosial** |  |  |  |
| **IQ** | **Tantangan:**  **Karir, hobi, perjalanan dll.** |  |  |  |
| **Kepastian**  **Pendapatan, rumah, kendaraan, tas, kesehatan dll.** |  |  |  |

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**Tanda Tangan Terapis Tanda Tangan Klien**

**Lembar Rencana Tindak Lanjut**

**Terapis :**

**Klien :**

**Tanggal :**

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Rencana Tindak Lanjut** | **Hambatan** | **Dukungan Yang Diperlukan** |
| **FISIK** |  |  |  |
| **EMOSIONAL** |  |  |  |
| **SPIRITUAL** |  |  |  |

**Tanda Tangan Terapis Tanda Tangan Klien**

**Lembar Monitoring**

**Terapis :**

**Klien :**

**Tanggal :**

|  |  |  |  |
| --- | --- | --- | --- |
| **ESQ MATRIX** | | **Kondisi Perubahan/Perbaikan** | **ESQ Hypnotherapeutic** |
| **SQ** | **Higher Purpose:**  **Tujuan kehidupan, kualitas hubungan dengan Tuhan** |  |  |
| **Kontribusi:**  **Kontribusi yang bisa Anda berikan lebih bagi keluarga, lingkungan kerja dan masyarakat** |  |  |
| **EQ** | **Pertumbuhan Diri:**  **Kebiasaan positif baru yang akan di mulai, kebiasaan negative yang akan di stop, keahlian atau pendidikan yang di perlukan** |  |  |
| **Relasi – Cinta:**  **Kualitas hubungan dengan keluarga, orang tua, rekan kerja, tim kerja, pimpinan dan lingkungan sosial** |  |  |
| **Eksistensi:**  **Eksistensi di hadapan keluarga, orang tua, rekan kerja, tim kerja, pimpinan dan lingkungan sosial** |  |  |
| **IQ** | **Tantangan:**  **Karir, hobi, perjalanan dll.** |  |  |
| **Kepastian**  **Pendapatan, rumah, kendaraan, tas, kesehatan dll.** |  |  |

**Tanda Tangan Terapis Tanda Tangan Klien**

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**Lembar Feedback**

**Terapis :**

**Klien :**

**Tanggal :**

**Silakan tuliskan narasi singkat tentang pengalaman Hypnotherapy Anda dalam item berikut :**

**1. Bapaimana Pandangan Anda tentang sesi Hypnotherapy untuk membantu Anda menangani masalah pribadi atau bisnis / masalah karier Anda?**

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**2. Komentar Anda tentang proses Hypnotherapy ?**

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**3. Apa yang dapat ditingkatkan dalam sesi Hypnotherapy ini, untuk memastikan sesi menjadi alat yang ampuh meningkatkan kesuksesan pribadi ?**

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**4. Apakah Anda akan merekomendasikan Hypnotherapy kepada orang lain atau organisasi Anda?**

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**Tanda Tangan Terapis Tanda Tangan Klien**