



HSE Professional more than 25 years of experience Occupational Health & Safety, in oil and gas Company. Highly motivated precise and assertive professional with successful track record of strategic planning, performance reporting and effective leadership

RUSTIANA. SKM. MKKK

Phone:

+62 8115424902

+62 81311112674

E-Mail:

Rustiana.rst@gmail.com

rustiana@Mk.pertamina.com

Linkedin:

[linkedin.com/Rustiana Suhendi](https://www.linkedin.com/in/RustianaSuhendi)

Home:

Gedong Kaloran Blok C4 No. 6 RT/RW
004/005 Kelurahan Lontar Baru Kecamatan
Serang, Kota Serang - Banten

Skill Highlights

- Occupational Health & Safety
- Emergency Management
- Accident Investigation
- HSE Audit
- CSMS

AWARD

- Director PHKT Award
- GM PHKT Award
- Chevron Teladan Award

Education

Magister Occupational health & Safety
University of Indonesia majoring
occupation health and safety – Depok,
Indonesia

Experience

- HSE Coordinator Drilling & Well Intervention Pertamina Hulu Kalimantan Timur (2020 – now)
- CSMS Coordinator Pertamina Hulu Kalimantan Timur (2019 – 2020)
- Taskforce HSSE improvement Upstream Pertamina persero (2018-2019)
- Team Lead Fire Emergency response Chevron Indonesia Company Kalimantan Timur (2016 – 2018)
- Lead HSE Specialist Chevron Indonesia Company Kalimantan Timur (2009 – 2016)
- HSE Supervisor at PT Mitsubishi Chemical Indonesia (MCCI) Cilegon – Banten (2006 – 2009)
- HSE Officer PT. Titan Chemical at Cilegon – Banten (2003 – 2006)
- HSE Inspector Core Plant PT. Petrokimia Nusantara Interindo (BP- Petrochemical group) Cilegon – Banten (1999 – 2003)
- Industrial Hygiene specialist PT. Petrokimia Nusantara Interindo (BP- Petrochemical group) Cilegon – Banten (1992 – 1999)

Certification

- 2023 Pengawas K3 MIGAS (LSP-PPSDM MIGAS-CEPU)
- 2019, General Safety Expert (Ahli Keselamatan dan Kesehatan Kerja Umum) by GOI – DEPNAKER
- 2018, Fire Safety Expert (Ahli K3 Kebakaran Level A) by GOI – DEPNAKER
- 2014, NEBOSH International Technical Certificate in Oil & Gas Operation Safety
- 2014, IMO Level 2 (Oil Pollutant Preparedness Response and Co-operation (OPRC) – On scene Commander /Supervisor
- 2014, General Safety Expert (Ahli Keselamatan dan Kesehatan Kerja Umum) by GOI – DEPNAKER
- 2010, H2S Certified by Migas (ESDM)
- 2010, IMO Level 1 (Oil Pollutant Preparedness Response and Co-operation (OPRC) – Operator oil Spill Team
- 2009, Auditor of Occupational safety and health management system (SMK3) by GOI – DEPNAKER
- 2008, Chemical Safety Expert (Ahli Keselamatan dan Kesehatan Kerja Kimia) by GOI – DEPNAKER
- 2006, OHS Scaffolding by GOI – DEPNAKER
- 2006, OHS Crane by GOI – DEPNAKER

EDUCATION

2021	Pasca Sarjana (S2) Magister Occupational Health and Safety (MKKK) majoring Occupational Health and safety, University of Indonesia – Depok (IPK : 3.61)
2005	S1-K3 (SKM) majoring Occupational Health and safety, University of Indonesia – Depok (IPK : 3.13)

EXECUTIVE SUMMARY

Based on my experience for more than 25 years in the field of Health Safety Environment in several world companies (BP, MCCI and Chevron Indonesia Company and Pertamina Hulu Kalimantan Timur) and I have HSE education background at the University of Indonesia majoring Occupational Health and Safety, so that I am familiar with OE excellence at Chevron and as Lead HSE Specialist & Team Lead Fire Emergency Response & Oil spill, and Drilling and always implementing safe operation to comply all safety requirement to all employee and business partner and leaders to drive fluency implementation safe work practice and Serious Injury and Fatality Prevention programs.

Has Experiences as Coordinator HSE Drilling & Compliance (D&C) at Pertamina Hulu Kalimantan Timur (PHKT) to support D&C HES program and initiatives to deliver drilling & completion operation execution safely.

Managed daily activities of 12 Field HSE officer (4 FHSE at RIG for Drilling activities and 8 FHSE to support 3 Barge and 2 FHSE to support working remote Platform for Work intervention Activities (Work over works service) at North and south Area Operation PHKT. Support execution of project safety plan and participate in all HAZID, HAZOP and various project technical reviews, which require HES input. Develop Bridging document and Lead of safety audit and review teams of field project activities, including site workers and front line leaders on the audit team. Resolve recommendations from incident investigations and audits.

Has experiences as PHKT CSMS Coordinator to manage implementation of Contractor Safety Management system (CSMS) to perform six step CSMS (Administration Phase : risk assessment, pra-qualification & technical evaluation), and Implementation Phase : pre job meeting, work in progress and closing evaluation activities to new and ongoing contractors and facilitate communication related HES to ensure safe incident free operation to all contractors.

Managed daily activities of 3 CSMS officer (2 CSMS Officer for Balikpapan Office area and 1 CSMS officer for Jakarta Office Area.

Has experiences as Team Leader Fire Emergency Response and Oil Spill Pertamina Hulu Kalimantan Timur to ensure capability, readiness and preparedness of the emergency response resources to respond to any emergency in timely, effective and safe fashion.

Managed Operating Expenditure : US \$ 7,3 MM per 3 years and Manage Kalimantan Operation (KLO) Managed man power for daily activities of 4 Fire Chief and 109 Firemen with 4 Fire Station (Pasir Ridge, PSB, Lawe & Santan Terminal) and 2 Oil Spill Supervisor and 16 oil spill operators with 2 locations (Penajam base and Santan terminal Base) .

WORK EXPERIENCE

2020 - Now

As Coordinator HSE Drilling & Completion Pertamina Hulu Kalimantan Timur (PHKT)

Responsibilities:

- Manage PHKT HSE Drilling & Completion team
- Managed daily activities of 10 Field HSE Officer Rig & Barge (2 FHSE Officer at RIG AE-1 and Rig Yani) and 6 FHSE officer at Accommodation working Barge (AWB) Tirta Rajawali, AWB Tirta Samudra, AWB Bayu Laut and 2 FHSE for job Remote platform at South and north area PHKT
- Manage HSE aspects of procurement of equipment and services including preparation of requisitions, technical bid evaluation, vendor data review, scope development and management,
- Support drilling & completion (D&C) HES program and initiatives to deliver drilling & completion operation execution safely.
- Develop Bridging document and support execution of project safety plan.
- Support execution of applicable operations excellent plans at work site related to safety.
- Address human engineering issues, workforce safety, and fire protection issues.
- Participate on local workforce safety audits and review teams of field project activities, including site workers and front line leaders on the audit team.
- Support and participate in all HAZID, HAZOP and various project technical reviews which require HES input.
- Evaluate workforce safety plans incorporating standard safety minimums to ensure adequate safeguards are in place for high risk/ high consequence operations.
- Resolve recommendations from incident investigations and audits
- Makes regular site visits for meetings/inspections/MWT/LE/LSV and to make sure all HSE expectations and HSE culture are implemented at RIG and barge at Drilling & completion operations
- Ensure that all corporate and HSE policies and practices are maintained and adhered to.
- Ensure that Drilling Division complies with all relevant safety, quality and environmental management policies, procedures and controls across all operations and support function and all projects

2018 - 2020

As CSMS Coordinator and Team Task force QHSSE Upstream at Pertamina Hulu Kalimantan Timur

Responsibilities:

- The purpose of the Contractor Safety Management System (CSMS) process is to establish clear accountabilities, ensure active engagement of contractors, and provide a consistent CSMS program to eliminate health, environment and safety (HES) incidents and injuries among contractors.
- Managed daily activities of 3 CSMS officer (2 CSMS Officer for Balikpapan Office area and 1 CSMS officer for Jakarta Office Area.
 - Manage Implementation the CSMS Process, including monitoring, reporting and continuous improvement
 - Support and advise Contract Owners and Designates regarding the execution of the CSMS Process.

2019	<ul style="list-style-type: none"> • Assist and track with the implementation of Performance Improvement Plans developed during the Qualification & Selection and Work in Progress (WIP) activities (Perform pre-qualification and post qualification activities to new and ongoing contractors) • Conduct CSMS field inspection & interim performance reviews as per the annual CSMS audit schedule • Produce clear and comprehensive written reports identifying HES risk and solutions • Coach and advise Contractors on their roles, responsibilities and assist with continuous their HES improvement • Facilitate communication related with HES to contractors. • Positive contribution to improving and maintaining high HES standards and development of an Injury & Incident Free Culture • Support creating activities to ensure safe incident free operation related with contractors.
	<p>As Taskforce HSSE Upstream Pertamina for Revitalization & Sistim Tata Kelola Standardization</p> <p>To Implementation "One Pertamina in the upstream area with the strong standardized of STK HSSE and supported by a digitizing system Have STK HSSE World Class to be applied in all APH inside and outside country</p> <ul style="list-style-type: none"> • Effective to preempt and prevent serious injuries and incidents • Well customized for Pertamina Upstream Operation Culture • Meeting statutory requirements, and well recognized industrial best standards practices • Standardized, lean, concise, flexible • Create opportunities for cost savings and optimization opportunities increased productivity
2016 - 2018	<p>As Team Leader Fire Emergency Response and Oil Spill Pertamina Hulu Kalimantan Timur. Main Office Building Pasir Ridge - Balikpapan As Team Leader Fire Emergency Response and Oil Spill at Chevron Indonesia Company (CICO).</p>
Responsibilities:	<p>Manage Fire and Emergency and Oil Spill Response Team Operations and Resources (personnel and equipment's) to ensure capability, readiness and preparedness of the emergency response resources to respond to any emergency situation in timely, effective and safe fashion by performing the following:</p> <ul style="list-style-type: none"> • Provide coaching and mentoring to Fire Chief and Supervisor Oil Spill Response on Fire and Emergency & oil Spill Response Team Management, Planning, Budgeting Operations and Project Management. • Review and evaluate performance of overall Fire and Emergency & oil Spill Response Team and at each area (FERT at Santan, Lawe-Lawe, Penajam, and Pasir Ridge and OST at Santan and Penajam) • Develop, review and evaluate planning and budget for Fire & Emergency and Oil Spill Response Team annual programs and initiatives; coordinate, manage and evaluate capital and operating project execution and expenditures.

- Develop, implement, and evaluate annual objectives, programs and initiatives for fire incident prevention and protection such as fire prevention and protection assessment and audit; fire protection equipment inspection, testing and maintenance; and firefighting strategy and tactics.
- Assess the reliability of fire and Oil spill response equipment and other emergency response equipment; develop recommendations for corrective and preventive actions to close the assessed gaps.
- Develop, implement, and evaluate programs for competency development of Fire and Emergency and oil spill Response Team and other HR matters such as PMP, RPC, Promotion Plan, and Career Development Plan, etc.
- Decide preferred alternative solutions to solve any critical issues related to fire and oil spill and emergency response team operations.
- Liaise with Local Government on Fire Fighting assistance for surrounding community next to Chevron premises and SKKMIGAS for joint Oil spill response operations/combating and exercises.

Serve as Emergency Management Expert and Coordinator for Site-Specific Emergency Response Planning (SSERP) to coordinate development, implementation and maintenance of the plan as the following.

- Coordinate development, review and revision of the SSERP and evaluate the effectiveness of the plan for all critical facilities.
- Coordinate with facility team manager to develop program and conduct annual training and exercise to maintain the readiness of Emergency Management Team (EMT) and Onsite Response Team (ORT) in responding to any incident in timely, effective and safe fashion.
- Facilitate annual training and exercise for the all Installation EMT and ORT members, evaluate the effectiveness of training and exercise, develop corrective and preventive actions to close the gaps and lesson learned from the exercise and actual emergency response operations.

Establish and implement contract and evaluate the performance of contractor and other third party such as university for various Fire and Emergency and Oil Spill Response Team Projects as the following:

- Fire and emergency response services contract for fire and oil spill response resources (personnel and equipment).
- Environmental sensitivity map and study to identify the sensitive area to be prioritized in incident action plan for environmental protection.
- Oil spill trajectory and computer modeling to be used during real oil spill incident and training/exercise to predict and track the movement of oil slick on the water and develop incident action plan for oil spill response operations.
- Procurement of fire and emergency response equipment such as fire protection and oil spill response equipment.
- Other cooperation with local and national university related to emergency management.

Provide advice and consultation on Fire Prevention and Protection and Oil Spill Response as an SME for the following:

- Review and evaluate fire protection design and engineering project and provide recommendations to Facility Engineering and Construction (FE&C) in line with Chevron Fire Protection Manual, National Fire Protection Agency (NFPA) and Government of Indonesia regulations and requirements
- Review and evaluate adequacy of existing oil spill response equipment and provide recommendation to ensure the reliability of equipment's in accordance with Chevron Global Upstream and Corporate Emergency Response guideline and other recognized international standard such as International Maritime Organization (IMO), International Petroleum Industry Environmental Conservation Association (IPIECA), and International Tanker Oil (ITOFT) standards requirements.
- Review and evaluate adequacy of existing fire protection equipment/system and provide recommendation to facility owner (Operations, FM, etc.) to ensure the reliability of equipment's/system.
- Review and evaluate result of fire prevention and protection assessment and audit and follow up of recommendations to close the gaps.
- Review and evaluate implementation of fire protection and oil spill response equipment inspection, testing, and maintenance programs and develop action plans to continuously improve the reliability and readiness of the equipment's
- Review and evaluate the effectiveness of pre-fire plan especially on firefighting strategies and tactics for all critical onshore and offshore facilities.
- Review and evaluate oil spill response strategies and tactics as mentioned on Oil Spill Contingency Plan (OSCP) such as oil spill containment, mechanical recovery, use of dispersant, in situ burning and other strategies and tactics for each Chevron critical facilities.
- Review and evaluate oil spill trajectory and computer modeling for oil spill exercises and actual oil spill incident.
- Review and evaluate environmental sensitivity study/maps for all Chevron area of operations.
- Review and evaluate results of fire incident investigation, provide resources to follow up the recommendation.
- Perform fire prevention and protection assessment and audit and develop recommendations to close the gaps.
- Develop new fire prevention and protection training materials and facilitate/deliver train the trainer for the new training subjects.
- Resource person for fire incident investigation to ensure the root causes of the incident can be found out and appropriate corrective and preventive actions developed.

Serve as Emergency Management Advisor for Fire Emergency and Oil Spill Response Operations of KLO Offshore and Onshore Operations and Facilities to provide advice and consultation for KLO Emergency Management Teams (EMT) and Onsite Response Team (ORT). The incumbent will coordinate

and facilitate implementation of the following Global Upstream OE Standardized Process for emergency management:

- Establish, implement and maintain Site Specific Emergency Response Plan (SSERP) and Oil Spill Contingency Plan (OSCP) for onshore and offshore facilities.
- Facilitate training (As a Trainer) of various Emergency Management Training Subject related to Fire Emergency and Oil Spill Response for EMT and ORT members.
- Facilitate and evaluate EMT and ORT drills and exercises and provide advice and direction to EMT and ORT members on Incident Command System, Incident Management System, and Incident Strategic and Tactical Objectives.
- Facilitate (As Trainer) for new specific Emergency Management training subject such as Shoreline Clean Up Assessment Techniques (SCAT), etc.
- Prepare credible EMT and ORT drill and exercise scenario.
- Compile and maintain lagging and leading indicators of emergency management related to oil spill response operations

Key player of Area VI (Balikpapan Bay and Makassar Strait) SKKMIGAS-KKKS mutual aid Oil Spill Contingency Plan (OSCP) for Tier 2 Oil Spill incident to coordinate development, implementation and maintenance of the plan as the following.

- Develop, review and implement the OSCP and evaluate the effectiveness of the plan.
- Coordinate other KKKS operated in East Kalimantan and Makassar Strait to develop program and conduct annual training and exercise to maintain the readiness of coordinated team in responding to tier 2 oil spill incident in timely, effective and safe fashion.
- Involved as key person of SKKMIGAS-KKKS representative to coordinate participation of SKKMIGAS/KKKS in the regional and international oil spill response exercise hosted by Government of Indonesia in Balikpapan Bay Area and Makassar Strait.
- Coordinate annual training and exercise for the Area VI OSCP members, evaluate the effectiveness of training and exercise, develop corrective and preventive actions to close the gaps and lesson learned.
- Represent KLO and Area VI OSCP members in development of guideline for BPMIGAS-KKKS National OSCP, and other Emergency Response and Crisis Management Plan under coordination of BPMIGAS Jakarta and Kalsul.
- Key player of National and Regional Oil Spill Response Exercise such as Area VI annual exercise, MARPOLEX, etc.

2009 - 20016

Main Office Building Pasir Ridge Chevron Indonesia Company

Responsibilities:

As Lead HES Specialist

- Under direction of the South Operation Manager, directly supervises and has PMP responsibility for field HES Specialists and as HES

Representatives for Asset Operations. Coordinates and directs personnel development including training and career development for these HES personnel.

- Mentors, coaches and trains these employees in the full range of HES processes: employee safety, contractor safety, waste and water, air, spill prevention.
- Manages and allocates resources to provide services to operations, asset, drilling and project teams to ensure a safe and healthy workplace and Incident Free Operations.
- Develops staffing requirements, prepares plans and budgets both for the team and for safety and occupational hygiene activities at clients' Department. And Monitors and controls plan execution
- Manage Field HES organization capability its stake holder engagement including support for Projects at south Operation area.
- Responsible for coordinating implementation and compliance of OEMS (Operation Excellence Management system) and OE Process implementation such as MSW, IIR, CHESM, MVS etc.) at South Area Operation for Onshore and Offshore field and applicable Government Regulation including management of their monitoring, reporting and documentation.
- Coordinate and facilitate implementation of OE Emergency Management Process in South Area Operation by providing expertise and consultation on Chevron Emergency Management principles and Onsite Response Team to ensure SOA Emergency Response Operations can be performed by timely and safe fashion.
- Coordinate and manage SOA Oil Spill Response Team to provide reliable and optimum oil spill and emergency response services for South Operation area
- Observe and compile OE-HES acts and regulations issued by the Government and necessary HES procedures and practices.
- Manage coordination with local government office, BPLH Dinas Tenaga Kerja, on HES subject applicable to South Area Operation to ensure regulatory compliance.
- Facilitate regular CHESM interim review / closing and conduct site inspection for all contractors at South Operation Area (Sepinggan-Yakin and Lawe Lawe)
- Educate Contract owner (Operation and Maintenance Team) and all Contractor Safety Officer on implementation of CHESM.
- Manage large number of employees (cross-functional: OPS, SCM, Maintenance, Resource Management) and Business Partner labors with multi educational backgrounds, cultures and disciplines.
- Perform OE-HES inspection and maintain necessary records and to facilitate the same.
- Coordinate in the implementation of Environmental Management and Monitoring as per approved AMDAL, Implementation Waste management, IH requirement and MSW compliance. Administer HES

formal reporting to related government office and Chevron GU requirements

- Develop yearly OE-HES program including its management and budgeting, Performance Metrics, HES monitoring and Management plan and regular evaluation.
- Administer Fast-3 for lesson learned and opportunity for improvement.
- Communicate and coordinate among multiple departments in KLO.
- Ensure the maintenance of current central files for Asset Area OE/HES documentation, such as OE/HES reference manuals, safe work practices, performance standards, publications, bulletins, etc., and ensure these are accessible and the Asset staff is aware of the file contents.
- coordinate the practice of operations/field personnel's to be in compliance with applicable HE&S government rules, regulations, procedures or practices
- Actively supports and monitors South Operations field and office based OE/HES practices by providing guidance and evaluating compliancy.
- Managed daily activities of 4 (four) Field HES Specialist Onshore and Offshore covered area Sepinggan- Yakin Field and Lawe Lawe Terminal
- Responsible to provide implementation, project and operation support for Safety and Occupational Hygiene processes which may include Behavior Based Safety, Incident Investigation and Reporting, Motor Vehicle Safety, Occupational Hygiene, Repetitive Stress Injury Prevention, Fundamental Safe Work Practices, Risk Management, hazard identification and mitigation (JSA/JHA/Hazops).
- Drives this consistency through the HES professionals, field management teams, facilities engineering/construction group, and drilling group coordinating with the other HES Team Leaders, D&C Advisor, OPG OE/HES Manager (and/or OPG Health and Safety Team Leader and OPG Environmental Team Leader).
- Observes field personnel and practices for compliance with HES processes, government rules and regulations.
- Recommends actions to be taken by field operating departments to assure satisfactory compliance with the applicable rules, regulations, procedures, and practices.
- Advises and assists O&M personnel such as Operation manager, team manager, team leader and line Supervisors to an understanding of OEMS and government regulation through socialization & training.
- Establishes goals, objectives and priorities with OPG OE/HES Manager and direct Supervisor for HES activities with emphasis on enhancing communication, process and performance results, and teamwork.
- Develops yearly OE-HES program including OE-HES budget and performance measures. Monitors and tracks the accomplishment of program / budget.
- Provides appropriate reports to operations and OE/HES departments.
- Ensure the maintenance of current central files for Asset Area OE/HES documentation, such as OE/HES reference manuals, safe work practices, performance standards, publications, bulletins, etc.
- Manage Reliability and availability of HES equipment and PPE. Administer reliable implementation of Emergency Response Plan and

Medical Evacuation Program including their training for personnel readiness.

- Liaison with HR Medical for operation of site clinic and its resources

**External
Engagement**

- Develops and maintains relationships with vendors, competitors, and regulatory agencies.
- Networks, benchmarks practice and resolves HES issues with co-owners and agencies.
- Communicates with and coordinates activities with government agencies, including BPMIGAS, MIGAS, etc.

2006 – 2009

PT. MITSUBISHI CHEMICAL INDONESIA Cilegon, Indonesia

Mitsubishi Chemical Indonesia is Japanese based Petrochemical Company, which is operating **Purified Terephthalic Acid [PTA]** processing plant and a **Polyethylene Terephthalate [PET]** plant.

Mitsubishi Chemical Indonesia is producing about 1800 MT a day of PTA and about 200 MT a day of PET

Responsibilities

As SHE (Safety Health Environment) Ssupervisor

managed daily activities of **14 Safety & fireman and 1 SHE Officer**. assisting SHE section manager to create and maintain a safe, secure and healthy work place and good environmental condition in accordance with occupational safety & health management system (SMK3 & OHSAS 18001) Environment management system (ISO 14001) including the maintenance of emergency facilities and reporting to SHE Section Manager.

- Assist and support SHE Section Manager to establish, maintain and control implementation occupational safety & health management system (SMK3 & OHSAS 18001) in order to achieve total zero accident. ISO 14001 in order to achieve operation that is gentle to environment
- Assist and support SHE Section manager in supervising to increase safety minded of employees and subcontractor by performing safety training programs, safety induction, safety inspection placement of safety sign and other activities based on annual SHE programs
- Assist and support SHE section manager to provide and maintain availability of SHE equipment in factory to ensure it readiness
- Assist SHE section Manager in directing the preparation of report and or presentation SHE activities (internal and external) on timely basis as required
- Assist SHE section Manager to supervise and control cost effectiveness of SHE section operation with respect SHE activities.
- Assist and support SHE section Manager to lead emergency team in handling emergency situation in accordance with available emergency procedures, in case of emergency.
- Developing & performing Industrial Hygiene practices, such as Identification, evaluation, and controlling hazard (Noise, Chemical, Dust, illumination, heat stress, etc) in the work place. and propose corrective action for non conformance findings and high risk conditions
- Developing & performing Environment monitoring, such as emission, ambient, WWT, waste disposal, plantation etc.

- Manage subcontractor's safety and its implementation at daily activity, during maintenance, construction or projects.
- Manage safety transportation for Logistic section with (safety campaign transporter and audit transporter)
- Review of all job procedures developed as result of JSA
- Prepare annual program of SHE Committee and control implementation of it
- Coordinate monthly factory SHE committee meeting and present the monthly activities include evaluation of company safety performance at every month
- Prepare safety performance statistic and make analysis of it
- Support related section in investigation of incident case
- Performs performance appraisal of direct subordinates

PETROKIMIA NUSANTARA INTERINDO (PENI) Cilegon – Banten

Petrokimia Nusantara Interindo (PENI) is **Bp Group the first Polyethylene (PE)** plant in Indonesia. Petrochemical Company producing Polyethylene (PE) about 450.000 MT/ year

1992 – 2006

Position as Core Plant Safety Inspector report to HSE Superintendent

2002 – 2006

Job description :

- Regular inspection of general SHE condition (Unsafe act-condition).
- Involve in incident investigation team, and provide statistical data to management
- Conduct regular inspection of fire and emergency facilities (Gas testing and Maintenance fire extinguisher, Fire hose, Hydrant. Maintenance breathing apparatus)
- Assist Safety superintendent to develop and implementing all HSE program in the field operation.
- Prepare the procedure and support maintenance and field operation e.g.: hot work, man entry to confined space, handling chemicals, etc
- Provide and carry out maintenance and inspection jobs all safety equipments at the plant.
- Develop fire drill & rescue and support the shift superintendent in responding to emergency situation.
- Investigate accident happened in order to find the root causes and prevent recurrences
- Develop and implement training program to ensure that all operators have had the opportunity to use the extinguisher in their work place.
- Report monthly program and activity to Safety Superintendent.
- Provide specialist training for breathing apparatus & rescue.
- Conduct safety induction for new employees contractors workers & visitors.
- Maintain and update men hours, training hours and vehicle running hours recording.
- Set and maintain Safety standard and practices, Safety promotions, Safety training need, safety equipment inventory and control include PPE Consumption, Safety information, documentation and communication, Safety signs and compliance.
- Team of safety reviews and Coordinator of HSE Safety talk
- Auditor of Permit to Work and analysis the audit result.
- To make safety monthly report to Disnaker.

1992 – 2002

Job description

Position as Occupational Health/Hygiene Industry

- Manage daily activities and Shift team of 4 Paramedics/Occupational Health
- Develop and implementing all occupational health/hygiene industry program.
- Develop and implement training program to all auxiliary firemen, building warden, and first aider
- Provide and update OH/HI procedure, include OH/HI equipment.
- Develop procedure monitoring and measurement hazards
- Set and maintain Health standard and practices, Health promotions, Health training need, Health information, documentation and communication
- Monitoring physical hazards in the working area (Noise monitoring: Personal monitoring & Mapping) Illumination monitoring, Thermal extreme monitoring, Dust monitoring (chromium, additive) and Ergonomic monitoring.
- Inspection all of environment chemical hazard around working area
- Implementation hearing conservation program (HCP)
- Make monthly report program (activity occupational health program)
- Regularly conduct internal CPR course for all technician
- Conduct safety induction, safety talk, first aid training and health talks
- Evaluate the working procedure in related area and develop any improvement needed
- Report daily, weekly and monthly report and Reporting to HSE Superintendent
- Make monthly report to Disnaker and Dinkes
- As member of emergency response team for emergency case if something worse like fire, accident, chemical spillage, etc in process or plant are happened.
- Provide and carry out maintenance and inspection jobs all medical equipment at clinic & ambulance and all equipment safety
- Inspect and maintain adequate stock of consumable material required by clinic needs including: medicines, disposable, and equipment as per advice by client

TECHNICAL COMPETENCIES

- | | |
|-------------------------------|--|
| • Fire & Emergency Management | <ul style="list-style-type: none">• Able to analyze and establish fire & emergency prevention strategies• Able to develop fire & emergency control systems and equipment• Able to set fire & emergency guidance programs• Able to coordinate fire & emergency response• Able to evaluate and compile guidelines & procedures for fire & emergency countermeasures• Able to arrange emergency preparedness, pre-fire planning, fire drill / emergency drill• Able to analyze and take into account escalation of events and develop coping strategies• Able to be a coordinator in implementing fire & emergency countermeasures |
| • Safe Work Practice | <ul style="list-style-type: none">• Able to compile TKO / TKI in safe work practices in the scope of work• Able to monitor the implementation of safe work practices• Able to provide corrective action in the scope of work in accordance with the principles of safe work practice• Able to evaluate and compile safe work practices in the operating unit |

	<ul style="list-style-type: none"> • Able to carry out monitoring and tracking regarding corrective action implementation carried out • Able to intervene in work systems / processes that do not meet the principles of safe work practice and can lead to a major accident
• Safety Audit & Inspection	<ul style="list-style-type: none"> • Able to conduct and lead audit & inspection processes for safety aspects • Able to evaluate and make recommendations related to the process and results of audit & inspection for safety aspects • Able to monitor follow-up of audit & inspection results for safety aspects • Able to understand the mechanism, procedures and scope of audit & inspection for safety aspects • Able to record and collect data in order to support the audit & inspection process for safety aspects • Able to carry out initial analysis of audit & inspection results for aspects of Safety with system design as a proposed audit & inspection report
• Safety Performance Management	<ul style="list-style-type: none"> • Able to measure safety performance in accordance with the mechanism / procedure • Able to do trending analysis and reporting from the results of measurements of safety performance • Able to compile TKO / TKI / technical instructions for measuring safety performance • Able to validate data from the results of measurements of safety performance • Able to interpret the results of trending analysis and propose recommendations for decision making
• Incident Investigation	<ul style="list-style-type: none"> • Able to implement investigative methods and techniques and reporting systems • Able to find facts and root causes related to incidents that occurred • Able to do initial analysis and make recommendations related to the results of the incident investigation and compile reports of investigation incidents • Able to record and collect data in order to support incident investigation • Able to master various methods and incident investigation techniques • Able to determine and implement appropriate investigation methods and techniques and reporting systems needed for more complex cases • Able to conduct investigations on work systems / processes suspected of causing incidents • Able to propose recommendations for improvements to the system / work process that causes incidents and follow up monitoring

OTHER EXPERIENCES

2016 - Now
2018 - 2019

As chairman Tennis Meja Club under BAPOR
As Committee BFRC (Balikpapan rescue challenge) for Bulan K3 Balikpapan

SERTIFIKASI

2019	General Safety Expert (Ahli Keselamatan dan Kesehatan Kerja Umum) by GOI – DEPNAKER
2017	Fire Safety Expert (Ahli K3 Kebakaran Level A) by GOI – DEPNAKER
2014	NEBOSH International Technical Certificate in Oil & Gas Operation Safety
2014	IMO Level 2 (Oil Pollutant Preparedness Response and Co-operation (OPRC) – On scene Commander /Supervisor
2010	General Safety Expert (Ahli Keselamatan dan Kesehatan Kerja Umum) by GOI – DEPNAKER
2010	H2S Certified by Migas (ESDM
2009	IMO Level 1 (Oil Pollutant Preparedness Response and Co-operation (OPRC) – Operator oil Spill Team
2008	Auditor of Occupational safety and health management system (SMK3) by GOI – DEPNAKER
2007	Chemical Safety Expert (Ahli Keselamatan dan Kesehatan Kerja Kimia) by GOI – DEPNAKER
2006	OHS Scaffolding by GOI – DEPNAKER & OHS Crane by GOI – DEPNAKER

TRAINING

Mar-17	NIMS ICS 300 (Intermediate ICS for Expanding Incident)	by the Response Group – ERPP & Support)
Jun-16	ICS 100 and ICS 200 from Chevron Corporate Emergency Response	ETC Chevron
Oct-16	Supervisor Essentials Workshop	ETC Chevron
Mar-16	CSOC Leadership Roles & Behavior	ETC Chevron
Sep-15	OE-IMPACT MOC- IT Tool for Reg	ETC Chevron
Apr-15	Drops Training	K2 Training services
Sept 13	HES - Audit Energy	LAPI ITB
Apr 13	Contractor HES Management (CHESM)	IBU Chevron
Apr 13	KLO Base business 101	IBU Chevron
Oct 12	Managing Industrial Hygiene Risk Mgt	Golder Associated
Jul 12	MOTUM	ITB
Apr 12	T-BOSIET	Samson Tiara OPITO
Nov 11	BBS Sustainability Review Work	IBU Chevron
Aug 11	IBU FSWP: Package 3	IBU Chevron
Aug-11	Management of Change (MOC) for	IBU Chevron
Jun-11	SOP Qualification Procedure	IBU Chevron
Jun-11	Production Safety System	One utama
Aug-10	CA Auditor 201	ETC Corporate chevron
Aug-10	CA Auditor 101	ETC Corporate chevron
Jun-10	Emergency Management Process TOT	IBU Chevron
Mar-10	Qualification Workstation Evaluator	ETC Corporate chevron
Feb-10	Scaffolding Inspector	Alkon
Dec-09	Hazardous Waste Mgmt	WMI
Nov-09	Business Continuity Planning	IBU Chevron
Nov-09	IMO Level 1	Oil spill response
Oct-09	IH Monitoring and Medgate DB.	IBU Chevron
Oct-09	IIR- RCA Facilitator	ETC Corporate chevron

Aug-09	BBS Behavioral Action Plan	IBU Chevron
Aug-09	SMITH System	IBU Chevron
Aug-09	Hazard Identification Tools	IBU Chevron
Aug-09	BBS QUALITY & COACHING	IBU Chevron
Aug-09	CHESM and Integrated OE	IBU Chevron
Jul-09	NEW TO CHEVRON (NTC)	IBU Chevron
Jun-09	BBS Sustainability Review	IBU Chevron
Jun-09	HAZPOWER Training	IBU Chevron
May-09	Helicopter Under Water Escape & Sea Survival	Indosafe Pratama
Mar-09	FSWP TRACKING SYSTEM ADMIN.	IBU Chevron
Mar-09	BBS Observer	IBU Chevron
Aug-08	QCC for Facilitator(Quality Control Circle)	Wahana Kendali Mutu
May-08	Industrial disposal management (Basel Convention)	KLH & Basel centre
Nov-07	Chemical Safety Professional (Ahli K3 Kimia)	Sucofindo & Depnaker Jakarta
Jun-07	Managing Safety for supervisor	DUPONT
Apr-07	Private sector contribution to make road safer	Komunitas Migas Indonesia,
Sep-06	OHS Crane	DEPNAKER
Sep-06	First Aid Level Two	SOS JKT
Aug-06	Industrial Hygiene : A matter of identification, assessment and control	3 M, Jakarta
Aug-06	Indoor Air Quality	Insuma, Jakarta
Apr-05	Fire & Safety	ISPA/DK3N
Jan-05	Training for Trainer	Hyperkes/IDKI Jakarta
Oct-04	Emergency Rescue Training	PUSLATKAR Ciracas JKT
May-03	OHSA Log 300 Injury & Illness, Health Awareness training	BP Indonesia JKT
Feb-03	Advance First Aid Training	Health Safety Service JKT
Apr-02	Occupational Health leader Training	Patria Utama Humanindo
Jul-00	Basic Trauma life support	Emergency 118 JKT
May-99	Hyperkes Training	Hyperkes/ IDKI JKT
Nov-98	Field fire fighting training	Krakatau Steel Cilegon
Aug-98	Emission Industry Measurement	Pusarpedal & JICA
Jul-97	Achieve motivation training	Lembaga Management JKT
Jul-97	Effect Industry to health	Krakatau Steel Cilegon
Oct-96	Hyperkes Training	DEPNAKER JKT
Aug-96	Principle of effective people Course	Citra Intra Buana JKT
Mar-95	Prevention of Occupational diseases	DEPNAKER JKT

I hereby declare that everything I write is true and can be accounted for.

Balikpapan, January 30, 2025

(RUSTIANA)

