

#### CONTACT ME AT

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#### SKILLS SUMMARY

- •••• HSE OFFICER
- •••• HSE SUPERVISOR
- •••• FIRST AIDER
- ••• SCAFFOLDING SUPERVISION

# CERTIFICATION AND TRAINING SUMMARIES

- Ahli Utama K3 Konstruksi (2023)
- Teknisi K3 Listrik (2022)
- Petugas Sistem Manajemen Keselamatan Konstruksi (2020)
- Petugas P3K (2018)
- Supervisi Scaffolding(2018)
- Ahli K3 Umum (2013)

# JESSICA RUTH BERLIANA LUMBANTOBING,S.ST

#### PERSONAL PROFILE

# I am an experienced HSE practitioner

#### WORK EXPERIENCE

#### Site HSE Manager

- Patimban Access Toll Road Construction Project Package 1 | November 2023 - Present
  - Maintain HSE procedures, standards, first aids, risk assessments, and emergency response plans.
  - Preparing HSE Plan, Environment Plan Document
  - Preparing budget plan for HSE
  - Monitoring project HSE targets through inspections, audits, and reviews
  - o Develop a project-area HSE management plan.
  - Implement HSE management in project area.

## **HSE OFF Project**

- Toll Development of Semarang Demak Section 1B | Oct 2022 -October 2023
- Grading of Polypropylene Plant Balongan Project | Apr -Oct 2022
- I.4 Access Road of Batang Industrial State | July 2019-March 2022
- I.B Access Road of Batang Industrial State | Dec 2019-July 2021
- Grading Project of Batang Industrial State | Sept 2020 March 2022
- Kendari Cable Stay Bridge Project | Juli 2019 August 2020
- Underpass Sungkono Surabaya | January July 2019
- Toal Road Development Solo-Kertosono Project | August 2017 -Dec 2019
- Venetian Tower Grand Sungkono Lagoon Project | April 2016 -July 2017
- UIN Malang Project | Juli 2015 April 2016

#### **HSE Staff Project**

Apartment & SOHO Ciputra Project | September 2014- Juli 2015

#### EDUCATIONAL HISTORY

### Sepuluh Nopember Institute of Technology

Teknik Keselamatan dan Kesehatan Kerja | Aug 2010-Sept 2014

- Studied Occupational Safety and Health in Public and Industrial Area
- Studied Occupational Safety and Health on the Sea
- GPA: 3.58
- Design of Paths, Procedures and Evacuation Simulations with Pathfinder Software