

Najwa Sabila

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About

S1 graduate from Syarif Hidayatullah State Islamic University Jakarta majoring in public health with a specialization in occupational safety and health. Enjoys learning new things and is detail oriented and has aspirations to work in the field of occupational safety and health in the logistics, manufacturing, construction and oil and gas industries. Mastering knowledge of administrations, K3 management systems, basic K3 regulations, risk management, inspections and investigations.

Education

SMA Negeri 109 Jakarta

Sekolah Menengah Atas, Science

Jakarta Selatan, DKI Jakarta

Jun 2017 – May 2019

- 2018 UI Mathematics Logic Olympiad Finalist.

UIN Syarif Hidayatullah Jakarta

Bachelor, Public Health (Occupational Safety and Health), IPK 3.64 / 4.00

Tangerang Selatan, Banten

Sep 2019 – August 2023

- 1st Winner of the Best Essay for New Students of Public Health at UIN Syarif Hidayatullah Jakarta 2019.

Work and Organizational Experiences

PT ODG Indonesia **HSE Officer**

Pondok Pinang, Jakarta Selatan

1 Jul 2023 - Present

- Running safety programs, starting from safety induction, safety internal training, toolbox meetings, P2K3 meetings and so on.
- Prepare, implement, and monitor employee occupational safety and health at various sites such as PT Givaudan Indonesia, PT Mattel Indonesia, Data Center Amazon, Microsoft Data Center, PT Prysmian Cable Indonesia, PT Bayer Indonesia, PT Bukit Muria Jaya etc.

Korps Sukarela Palang Merah Indonesia Unit

UIN Syarif Hidayatullah Jakarta

Tangerang Selatan, Banten

Education and Training Division Staff, Volunteer

Jan 2020 – Feb 2024

- Guiding approximately 30 students in the field of social and volunteerism so that they can become individuals who have the principles of humanity, equality, neutrality, independence, volunteerism, unity and universality.
- Held competitions for first aid, family care, let's prepare for disasters, posters, fashion shows, quizzes, and animations attended by approximately 90 schools with 800 participants.
- Providing teaching related to the world of Red Cross to members of PMR Wira and Madya.
- Coordinating the health festival and blood donation event which was attended by more than 100 donors, more than 80 health check participants, more than 100 participants in blood donation talk shows and health seminars on a national scale.

Forum Studi Keselamatan dan Kesehatan Kerja Vice General Manager , Volunteer	Tangerang Selatan, Banten Jan 2022 – Jun 2023
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- Helping to develop the soft skills of 21 students in the field of occupational safety and health through training.
- Held a national webinar on the theme of risk management which was attended by more than 300 participants.

Forum Mahasiswa Keselamatan dan Kesehatan Kerja Nasional Wilayah 1 Scientific Division Staff , Volunteer	Jakarta Selatan, DKI Jakarta Jan 2022 – Feb 2023
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- Disseminate the latest information related to occupational safety and health through quizzes and posts on Instagram.
- Inviting approximately 40 students related to the FMK3N region 1 on an industrial visit at PT Pelita Air.
- Moderating international webinars on activities carried out by the world safety organization related to occupational safety and health management systems and safety culture.

PT Radiant Utama Interinsco Tbk (Bidang Minyak dan Gas Bumi) Quality, safety, health, and environment department staff , Internship	Jakarta Selatan, DKI Jakarta Jul 2022 – Sept 2022
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- Assist the implementation of internal and external audits of companies in holding international accreditation based on ISO 9001, 14001 and 45001.
- Conduct inspection of the central building and warehouse once a month.

Fakultas Ilmu Kesehatan UIN Syarif Hidayatullah Jakarta Head of Health Screening , Volunteer	Tangerang Selatan, Banten August 2021 – August 2022
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- Conducted health checks for approximately 200 residents in the working area of the Cirende Public Health Center which included checking blood sugar, cholesterol, uric acid, blood pressure, and body mass index.

Himpunan Program Studi Kesehatan Masyarakat (HMPSKM) Scientific Division Staff , Volunteer	Tangerang Selatan, Banten Feb 2021 – Feb 2022
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- Get more than 5 sponsorships to hold a public health-based national competition and get more than 10 media partners in the procurement.
- Publish more than 5 podcasts related to the latest public health issues on spotify.
- Conducted online studies with ustadz Muzammil Hasbalah in the presence of more than 300 participants.

Additional Information

Hard Skill	: Graphic Design (Intermediate), Fast-Typing (Intermediate).
Soft Skill	: Leadership, Public Speaking, Critical Thinking, Team Work, Problem Solving, Time Management.
Software	: Microsoft Office (Intermediate), Google Suite (Intermediate), Canva (Intermediate), Kinemaster (Intermediate), SPSS (Intermediate).
Language	: English (Beginner), Indonesian (Advanced).
Interests	: Photography, Videography, Safety and Health.