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| Data Praktik ESQ Hypnoterapi | | | | | | | |  | |  | | | |  | | |  | | |  | |
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| Nama | | : Irfan Maulana H | | | | |  | |  | | | |  | | |  | | |  | |
| Alamat | | : Kantor Baznas Kab. Bogor (Jl. Bersih 1 PEMDA Kab. Bogor Cibinong) | | | | | | | | | | |  | | |  | | |  | |
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|  | **No** | | **Nama** | | **Tanggal** | **Kondisi Saat Ini** | | | | | **Sugesti** | **ESQ Hypnoterapi** | | | **Dokumen** | | |
|  | 1 | | Elika Nur Padilah | | 21/09/2023 | - Emosi tidak stabil,  Phobia Balon | | | | | Menjadi lebih tenang dan tidak lagi phobia | Deepening, Tempat nyaman, Grey room, Regresi, chair therapi, forgivness | | | Admission, Feedback, Sound rec. | | |
|  | 2 | | Yani Oktaviani | | 21/09/2023 | Emosi tidak stabil, takut sendiri dan kegelapan | | | | | Menjadi lebih tenang, sabar dan lebih berani | Deepening, tempat nyaman, grey room, regresi, chair therapy, direct suggestion | | | Admission, Feedback, Sound rec. | | |
|  | 3 | | Moch Ramdhani | | 20/09/2023 | Belum bisa menerima kondisi; merasa terbebani dengan kondisi keluarga | | | | | lebih bisa dan bijak menerima taqdir Allah SWT | Deepening, tempat nyaman, Grey room, direct suggestion | | | Admission, Feedback, Sound rec. | | |
|  | 4 | | Abdullah Guntur Wahyu | | 25/09/2023 | Tidak fokus dalam bekerja, hubungan dengan keluarga tidak baik | | | | | Menjadi lebih fokus, lebih perhatian dan tanggung jawab | Deepening, Tempat nyaman, Grey room, regresi, direct suggestion | | | Admission, Feedback, Sound rec. | | |
|  | 5 | | Mohammad Pikri Saepuloh | | 29/09/2023 | Passion tidak sesuai dengan realita (pendidikan) | | | | | Bisa menerima dan bijak dalam menyikapi perbedaan dan harapan | Deepening, Tempat nyaman, (parth therapy), Grey Room, direct suggestion | | | Admission, Feedback, Sound rec. | | |
|  | 6 | | Siti Masitoh | | 05/10/2023 | takut sendiri, kurang percaya diri, relasi keluarga tidak baik, trauma | | | | | lebih bisa dan bijak menerima taqdir Allah SWT, ikhlas | Deepening, tempat nyaman, grey room, regresi chair therapy | | | Admission, Feedback, Sound rec. | | |
|  | 7 | | Haris Rahman | | 10/10/2023 | Ibadah belum maksimal  Emosi tidak stabil  Phobia hitam | | | | | Lebih rajin ibadah  Bisa mengendalikan emosi  Lebih berani | Deepening  Tempat nyaman  Grey room  Object imagery  Direct suggestion | | | Admission,  Feedback  Sound rec | | |
|  | 8 | | Wulan Awalia Rachmah | | 17/10/2023 | Emosi kesal, belum siap menikah dan sudah di minta orang tua menikah | | | | | Bisa menerima, memahami tujuan menikah dan berprasangka baik | Deepening  Tempat nyaman  Regresi  Chair therapy  Insight from the pain  Forgiveness | | | Admission, feedback  Sound rec | | |
|  | 9 | | Milka Nurul Hikmah | | 19/10/2023 | Emosi (mudah menangis) | | | | | Lebih tegar, sabar dan menerima takdir Allah | Deepening  Tempat nyaman  Grey room  Regresi  Chair therapy  Sea of love  Insight of pain  Direct suggestion | | | Admission  Feedback  Sound rec | | |
|  | 10 | | Muhammad Yusuf | | 20/10/2023 | Kualitas hubungan dengan Allah belum maksimal  Emosi; Pendiam | | | | | Meningkatkan kualitas ibadah  Realase emosi | Deepening  Tempat nyaman  Direct suggestion  Regresi  Chair therapy  Insight from the pain  Forgiveness | | | Admission  Feedback  Sound rec | | |