

# CURRICULUM VITAE

## PERSONAL INFORMATION

Name : La Nina Gunaswara Samudera  
Place, Date of Birth : Surabaya, 11 February 2000  
Sex : Female  
Marital Status : Single  
Nationality : Indonesia  
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## Core Competencies/Areas of Expertise

Occupational Health & Safety, Contractor Safety Management System (CSMS), Research and Development, Public Speaking and Communication, Safety Campaign, document control and Analyst, HSES Data Analytical Tool (COMET and Synergi), Job Risk Assessment (JRA), Permit To Work (PTW), Safety Induction, and e-SAFE Card Observation Analyst

## EDUCATIONAL BACKGROUND

**Diponegoro University, Semarang, Central Java**

Bachelor's degree, Faculty of Fisheries and Marine  
Science Department of Marine Science (2017 – 2021)  
GPA: 3.70 of 4.00 (**CumLaude**)

## ABOUT ME

Experienced HSE in Operations and Development HSE at Harbour Energy, Strong background in occupational health and safety, research and development including data analysis, good communication, and leadership spirit. Able to work in a multitasking behavior where individual performance is appreciated as well as collaboration between and provide innovation and creation in groups. Able to solve challenges in a competitive organization. combining a wide range of experiences and the desire to further develop one's expertise.

## WORK EXPERIENCE

**HARBOUR ENERGY, South Jakarta, Indonesia • July 2023 – present**

### **Admin Operational & Development HSE**

Support O&D HSE Routine (Weekly / Bi-weekly / Quarterly):

- Update progress for Back to Basic (B2B) roll-out Campaign in offshore, shore bases and office
- Monitor FHSEC schedule for Logistic field visit (Marine Vessels, Batam base and Priok base)
- Prepare minutes of Coordination meeting

- Prepare offshore and shore base SAFE Card Observation Analysis
- Field Verification Shore Base Update
- Monitor FSHEC Schedule for daily roster.
- Deliver offshore HSE Induction program (regular crew, newcomers, and visitor
- Offshore Trip Authorization (OTA) verification member.
- Managing stock of PTW forms and all accessories (certificate, check list and plastic)
- Updating and Managing Presentation Slide related to OD HSE Event/Campaign

Support O&D HSE Non-routine:

- Support provision contract of portable Fire Extinguisher
- Update OD HSE related Procedure revision
- Trainer and Support PTW Refreshment Training campaign
- Contribute the preparation & execution of 2023 Global HSE Day - Indonesia BU
- Contribute and supporting other HSES Event
- Monitor FSHEC Schedule for upcoming project / campaign.

INDEPENDENT TUTOR, Surabaya, Indonesia • August 2021 – June 2022

#### **Tutor**

- Responsible for organizing and conducting student lesson plans.
- Analyze and observe the progress of students learning.
- Manage the course's administrative.

#### **Key Achievements :**

- Have 15 students from elementary to middle school levels.
- success in achieving all student targets.

## **INTERNSHIP EXPERIENCE**

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HARBOUR ENERGY, South Jakarta, Indonesia • June 2022 – July 2023

#### **Operational & Development HSE Intern**

- Analyzed all documents management Harbour Energy Indonesia in approach Process Safety Fundamentals (PSF) and Life Saving Rules (LSR) procedures.
- Analyst Safe Cards procedure in Offshore Platform Harbour Energy Indonesia
- Planning, Management, Controlled, and Evaluated in annual QHSES event (Contractor HSE Managers workshop, Mangrove Planting Event, Global HSE Day 2022, Permit to Work Training, and Field Verification Training, RTA Crew Offshore)
- Maintaining incident investigation data in COMET (Incident Investigation Software) and Synergi (Risk Management Software)
- Controlled Document management for Operation and Development HSE
- Arrange Witness Statement in All Offshore Platform Issues
- Trainer and Admin Support for PTW Training (Performing Authority, Area Authority, and Permit Authorized
- Controller of OTA (Offshore Trip Authorization), SBTC (Safety Behavior Training Competence), and HSE Induction Offshore
- Analyst support for Back to Basic Campaign

**Key Achievements :**

- Completed of Permit to Work Training for Regular Crew and on-going Contractors.
- Completed and Analyze Back to Basic Socialization Module 1 and Field Verification
- Successfully conducted Global HSE Day 2022 and 2023 Annual Contractor Management HSE Forum

BADAN METEOROLOGI, KLIMATOLOGI, GEOFISIKA (BMKG), Indonesia • Jan – Feb 2019

**Staff of Researcher**

- Know the operational management of satellite imagery and maintenance of weather observation equipment by BMKG Maritim, Tanjung Priok, Jakarta Utara
- As Environment control, determined the change of Mosoon wind speed and direction using software AutoCAD, WRPLOT and Weather Forecast
- Interpreted the distribution of ocean waves in relation with safety of shipping lanes
- Identified research data so that it is easy to translate

**Key Achievements :**

Supervised the research process at Tanjung Priok

**ORGANIZATION EXPERIENCES**

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FARMASea Diponegoro, Semarang, Indonesia • 2019 - 2021

**Staff of Human Resource Development Division**

- Provide rewards, coordinated and controlled the fields in the implementation of all organizational activities.
- Developed human resources both internal and external FARMASea with laboratory training activity.
- Created a new member recruitment program for every year.
- Coordinated the Sanitation and Hygiene training in controlling potential hazards in laboratory.
- Facilitated the accuracy of Safety Program Implementation in laboratory.

**CERTIFICATION OF COMPLETION**

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- **Process Safety Event Training – 2023**  
Held by Harbour Energy Indonesia
- **Back To Basic Socialization – 2023**  
Held by Harbour Energy Indonesia
- **Permit To Work Training – 2023**  
Held by Harbour Energy Indonesia, Score : 87.4 (**Pass**)
- **Ahli K3 Umum Kemnaker RI & Lisensi – 2022**  
Held by PT. Garuda Systrain Interindo, Licence : 03225651
- **ISO 14001:2015 Environment Management System - 2021**  
Held by PT. Garuda Systrain Interindo. Licence : 122128929
- **ISO 19011:2018 Auditing Management System - 2021**  
Held by PT. Garuda Systrain Interindo. Licence : 122128974
- **ISO 45001:2018 Occupational Safety and Health Management System**  
Held by PT. Garuda Systrain Interindo. Licence : 122129022

- **ISO 9001:2015 Quality Management System - 2021**  
Held by PT. Garuda Systrain Interindo. Licence : 122128874
- **Training of Contractor Safety Manajemen System (CSMS) – 2021**  
Held by PT. Garuda Systrain Interindo, Licence : 122128795
- **Training od Lock Out Tag Out (LOTO) – 2021**  
Held by PT. Garuda Systrain Interindo, Licence : 122129064
- **Training of Basic Fire Fighting - 2021**  
Held by PT. Garuda Systrain Interindo. Licence : 122128762
- **Training of Accident Investigation – 2021**  
Held by PT. Garuda Systrain Interindo, Licence : 122128729
- **Training of Emergency Response Plan - 2021**  
Held by PT. Garuda Systrain Interindo. Licence : 122128828
- **Training of Occupational Safety and Health of Mining Industry - 2021**  
Held by PT. Garuda Systrain Interindo. Licence : 122129165
- **Training of Occupational Safety and Health of Offshore Oil & Gas Industry - 2021**  
Held by PT. Garuda Systrain Interindo. Licence : 122129095
- **Training of Occupational Safety and Health of Onshore Oil & Gas Industry - 2021**  
Held by PT. Garuda Systrain Interindo. Licence : 122129128

## ACHIEVEMENT

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### **Value Recogintion Provam (VRP) Award – Harbour Energy (April 2023)**

Successfully conducted 2023 Annual Contractor Management HSE Forum

### **Value Recognition Program (VRP) Award – Harbour Energy (November 2022)**

Successfully conducted Global HSE Day 2022

### **Elemenesia Research Scholarship Awardee – Elemenesia Foundation (Mei 2021)**

### **Best Research Scholarship Awardee – Koperasi Wanita Setia Bhakti (Juni 2021)**

## ADDITIONAL INFORMATION

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- **Applications/Working Skill:**
  - Job Risk Assessment (JRA)
  - Contractor Safety Management System (CSMS)
  - Synergi (Risk Management Software)
  - COMET (Incident Investigation Software)
  - Design Graphic
  - Adobe Photoshop
  - Data Analyst

- Document Management (PTW/Permit to Work, HSE Plan, OTA, SBTC, HSE Induction)
  - Ms. Office
  - Trainer
- **Language Proficiency:**  
Indonesia (Native) and English (Professional)

**Recommendation by**

- **Ngudiarto** – O&D HSE Section Head Harbour Energy Indonesia  
Mobile = 08119703261
- **Risnawan Rochaendy** – Field HSE Coordinator Harbour Energy Indonesia  
Mobile = 081219867918